

Physical Aspects of Palliative Care Presented

** An e-learning course available on the Avera portal **

Program Goal

This lecture will address the physical aspects of palliative care. This will include common disease processes, associated symptoms, screening tools, and symptom management.

Objectives

- 1 Define the concept of total pain.
- 2 Identify ways that they can support patients in need of/receiving palliative care.
- 3 Distinguish the common disease processes seen by palliative care and the associated symptoms of these disease processes.
- 4 Differentiate pharmacological and non-pharmacological symptom management.

Outcome

100% of learners will demonstrate knowledge of physical aspects of palliative care by passing a post-test with a score of 80% or greater.

Target Audience

Professions – Physician, Nurse - RN, Technician, Student, Nursing Facility Administrator, Social Worker, Counselor / Therapist, Pharmacist, Other, EMS, Pharmacy Technician, Administration, Respiratory Therapist, Medical Assistants, Nurse - Nurse Practitioner, Physician Assistant, Executive Leader, Director, Manager, Vice President, CEO, Physical Therapist, Osteopathic, Psychologist, Chiropractor, PhD, Radiologic Technologists, Chaplain, Nurse -LPN/LVN

Completion Requirements

- View the video
- Complete the post-test
- Complete the evaluation

Accreditation & Credit Designation

Physicians Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (NCPD) Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity.

Social Workers Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **1.00** continuing education clock hours for participating in this course.

Nursing Facility Administrators Avera is an approved provider of continuing education for South Dakota through the South Dakota Board of Nursing Facility Administrators. This educational activity is approved for **1.00** hours for nursing facility administrators.

SD Board of Pharmacy The South Dakota Board of Pharmacy approved credit for pharmacists: **1.00** hours. Continuing Education No: SDCE021-114

Additional Information

Feedback person for this educational activity is: charlene.berke@avera.org

Enduring material available from 1/1/2022 to 12/31/2022

This course content was reviewed on 12/1/2021

Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Kelly Boyd, MSN, RN	Committee Planning Member	Non-Clinical Exception
Deborah Deuschle, RN	Committee Planning Member	Nothing to disclose
Sarah Mollman, Ph D, Nurse	Committee Planning Member	Nothing to disclose
Mari Perrenoud, RN, CHPN, MSA, Nurse	Committee Planning Member	Nothing to disclose
Sharon Plucker	Committee Planning Member	Nothing to disclose
Amy Skoglund, RN, BSN	Committee Planning Member	Non-Clinical Exception
Carol Stewart, APRN	Committee Planning Member	Nothing to disclose
Carol Breitreutz, PharmD, BCOP	Content Expert - Committee Member	Nothing to disclose
Julie Dixen, MSW, LCSW	Content Expert - Committee Member	Nothing to disclose
Katie Huff, MSN, APRN-BC	Content Expert - Committee Member	Nothing to disclose
Kenneth Kirton, MD	Content Expert - Committee Member	Nothing to disclose
Brandi Pravecek, DNP	Content Expert - Committee Member	Nothing to disclose
Michele Snyders, MSW	Content Expert - Committee Member	Nothing to disclose
Dr. LuAnn Trutwin, D.Min, D.Min., M.Div., BCC	Content Expert - Committee Member	Nothing to disclose
Maria Sargent, MSN	Faculty	Nothing to disclose
Charlene A Berke, RT. (R)(T), Administrator	Lead Planner	Nothing to disclose
Kathy Gubin, BSN, CHPN	Nurse Planner	Nothing to disclose

